Earthquake Survival Guide

Steps to take before disaster

1. Build an emergency kit
2. Ask your parents and see if we can build a communication plan
3. Ask your parents and see all were the safe spots are in your house
4. See if there any drill you should know about with your disaster

Steps to take during the earthquake

1. You need to drop to the ground and don’t move unless something is about to fall on you
2. Try to avoid matches glass and fallen over bookcases
3. If you are stuck under stuff try to cover your mouth with something so you don’t breath in chemicals

Steps to take after the earthquake

1. Don’t light a match if you have any could cause a fire and kill you
2. Put something over your face
3. Make some noise for people to come help just don’t scream
4. If you don’t feel shaking take a peek and see if it’s safe to come out
5. If you are out of your safe spot make sure there’s no injuries

Items you should put in your emergency kit

Band-Aids, tape, scissors, tissues, wipes, medicine, shoes, hairbrush, food, clothes, and water